

## Antioxidant Properties of Some Filamentous Green Algae (*Chaetomorpha* Genus)

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### ABSTRACT

The antioxidant activity and the contents of total phenolics and flavonoids were quantified in the methanolic extracts of four *Chaetomorpha* species including *C. aerea*, *C. crassa*, *C. linum* and *C. brachygona*. Eight samples of *Chaetomorpha* plants were collected from five locations along the northern coasts of the Persian Gulf in south of Iran from December 2010 until October 2011. Methanolic extracts of the seaweeds were assessed for their antioxidant activity using DPPH radical scavenging assay. *C. linum* showed highest antioxidant potential with a relatively low  $IC_{50}$  ( $1.484 \pm 0.168 \text{ mg mL}^{-1}$ ), the highest flavonoid content ( $18.177 \pm 2.238 \text{ mg RE g}^{-1}$ ) and a relatively high content of phenolics ( $2.895 \pm 0.415 \text{ mg GAE g}^{-1}$ ) in comparison with the other species. *C. crassa*, which was collected from two different areas, showed lowest antioxidant activity and lowest phenolics and flavonoid contents than other species. Results revealed that  $IC_{50}$ , total phenolics and flavonoid content were influenced by the time of collection and location. Also there were positive correlations between the phenolic and flavonoid contents with DPPH radical scavenging activity ( $p < 0.01$ ). The results suggested that some of these filamentous green seaweeds possessed antioxidant potential, which could be considered for future applications in medicine, food or cosmetic industries.

**Key words:** Antioxidant, Phenolics, Flavonoid, DPPH, Green algae, *Chaetomorpha*

### INTRODUCTION

Oxidative stress plays an important role in the pathogenesis of various diseases such as atherosclerosis, alcoholic liver cirrhosis, cancer, etc. Oxidative stress is initiated by free radicals, especially reactive oxygen species (ROS). Most living species have efficient defense systems to prevent themselves against the oxidative stress induced by the ROS (Hazra et al. 2010). In the past decade, antioxidants have shown their role in the prevention of various diseases, in which free radicals are implicated (Lee et al. 2007). The most

widely used synthetic antioxidants in food such as BHT (butylated hydroxytoluene) and BHA (butylated hydroxyanisole) have been suspected to cause negative health effects (Kulisic et al. 2004). Concerns about the safety of the synthetic antioxidants have led to increased interest on natural antioxidants, which are commonly found in the plants and seaweeds (Duan et al. 2006). Seaweeds are known to contain a wide variety of bioactive compounds, many of which have commercial applications in the pharmaceutical, medical, cosmetic, food industries and agriculture (Kelman et al. 2012). As a result, many marine

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algae in the last decades have attracted the attention to the search for natural bioactive compounds to develop new drugs and health foods. Compounds with antioxidant, antiviral, antifungal and antimicrobial activities have been found in brown, red and green algae (Cox et al. 2010).

The antioxidant activity of several seaweeds has been reported (Boonchum et al. 2011). *Chaetomorpha* is a common and widespread green seaweed genus, which is characterized by unbranched filaments (Leliaraert et al. 2011). *Chaetomorpha*, also known as Spaghetti algae, contains vitamins C and A (Novaczek 2001). Some species are edible such as *C. crassa*, *C. linum* and *C. brachygona*. *C. crassa* is consumed as salad, or dessert in far eastern countries due to its character of gelatinization (Apaydin-Yagci and Turna 2002). Apparently, there is no study done so far on the antioxidant activities of filamentous green seaweeds from south of Iran. Thus, the current study aimed to investigate the antioxidant capacity, total phenolics and flavonoids of *Chaetomorpha* species from the northern coasts of the Persian Gulf for possible applications in medicine, dietary supplements, cosmetics, or food industries.

## MATERIALS AND METHODS

### Chemicals

Ascorbic acid, Folin-Ciocalteu reagent, gallic acid and methanol were purchased from Merck Company (Darmstadt, Germany). DPPH and Rutin were purchased from Sigma Chemical Co (St. Louis, MO, USA). All the chemicals and reagents used were of analytical grade.

### Collection and Preparing of Algal Extracts

The seaweeds were collected at low tide time along the northern coasts of the Persian Gulf in south of Iran from December 2010 until October 2011. After the harvest, they were washed with fresh water to remove the sands, salts and epiphytes, and then were air-dried at room temperature with good controlled air conditioning. Voucher specimens were pressed and stored in 5% formol for the identification. The samples were observed under a light microscope for anatomical examination and were identified according to the characteristics and identification keys in the taxonomic publications (Børgesen 1939; Lawson

and John 1982; Teo and Wee 1983; Tseng 1984; Coppejans et al. 2001). The samples were kept at -50°C until experiments were processed and milled into powder before the extraction.

Dried seaweed sample powder (200 mg) was extracted with 6.0 mL 80% methanol in an ultrasonic bath for 20 min, vortexed for 30 min, and then left to stand at room temperature for 48 h. The extract was centrifuged at 1500xg for 10 min and filtered through Watmann No.1 filter paper. The stock solutions of extracts were adjusted with 80% methanol to final concentration of 4.0 mg mL<sup>-1</sup>. Dilutions were made to obtain concentrations 2, 1, 0.5 and 0.1 mg mL<sup>-1</sup>.

### DPPH Free Radical Scavenging Activity

The DPPH (1,1-diphenyl-2-picrylhydrazyl) radical scavenging activity was determined according to the method of Zhang et al. (2007) with slight modifications. Briefly, 100 µL of each extract at various dilutions were mixed with 100 µL of 0.16 mM DPPH methanolic solution. This mixture was vortexed for 1 min, kept for 30 min in dark and then, the absorbance was read at 517 nm in an automated microplate reader (Sunrise-Elisa Reader, Tecan, Swiss). The antioxidant capacity was calculated using the following equation:

$$\% \text{ Inhibition} = (A_{\text{control}} - (A_{\text{sample}} - A_{\text{blank}})) / A_{\text{control}} \times 100$$

Where the  $A_{\text{control}}$  is the absorbance of the control (DPPH without sample), the  $A_{\text{sample}}$  is the absorbance of the test sample (the sample test and DPPH solution), and the  $A_{\text{blank}}$  is the absorbance of the sample blank (Sample without the DPPH solution). The half-maximal inhibitory concentration ( $IC_{50}$ ) was calculated by the linear regression analysis and expressed as mean of three determinations. Ascorbic acid was used as positive control.

### Determination of Total Phenolics and Flavonoid Content

Total phenolic content (TPC) of algal extracts was determined by Folin-Ciocalteu reagent according to the method of Antolovich et al. (2002) with minor modifications. In Brief, 20 µL of extracts were mixed with 100 µL of 1:10 Folin-Ciocalteu reagent followed by the addition of Na<sub>2</sub>CO<sub>3</sub> (80 µL, 7.5%). The assay was carried out in microplate. After incubation at room temperature for 2 h in dark, the absorbance at 600 nm was recorded. Gallic acid was used as the standard

reference. TPC was expressed as mg Gallic acid equivalents per gram of sample (mg GAE g<sup>-1</sup>).

Flavonoid content (FC) of each extract was determined by the colorimetric method (Chang et al. 2002). Briefly, 20 µL of each extract was separately mixed with 20 µL of 10 % aluminium chloride, 20 µL of 1 M potassium acetate and 180 µL of distilled water and left at room temperature for 30 min. The absorbance of the reaction was recorded at 415 nm. The calibration curve was prepared by Rutin methanolic solutions at concentrations of 12.5 to 100 µg mL<sup>-1</sup>. FC was expressed as mg Rutin equivalents per gram of the sample (mg RE g<sup>-1</sup>).

### Statistical analysis

Data were expressed as means ± standard errors of three replicate determinations. All the statistical analysis were carried out using SPSS 16.0 for Windows. To determine whether there were any differences among the means, one way analysis (ANOVA) and the Duncan's new multiple range test were applied to the result. P values < 0.05

were regarded to be significant. The Pearson correlation analysis was performed between the variables.

## RESULTS AND DISCUSSION

During the study, eight samples including four *Chaetomorpha* species were collected from the northern coasts of the Persian Gulf. The species, location and time of collection are listed in Table 1. Due to the presence of different bioactive components with antioxidative potential in the crude extracts of the samples, many different methods have been used to investigate various samples in recent years. In the current study, the DPPH radical scavenging method was used to evaluate the antioxidant capacity of the seaweed extracts, because the use of DPPH radical provided an easy, rapid and convenient method to evaluate the antioxidants and radical scavengers (Nickavar et al. 2007).

**Table 1** - The *Chaetomorpha* species and their collection information.

Sample number	Scientific name	Location	Latitude, Longitude	Collection time
S1	<i>C.linum</i> (O.F.Muller)Kutzing	Dayyer	N2750016, E05156193	October 2011
S2	<i>C.aerea</i> (Dillwyn)Kutzing	Nayband gulf	N2723722, E05239738	December 2010
S3	<i>C.aerea</i> (Dillwyn)Kutzing	Nayband gulf	N2723722, E05239738	May 2011
S4	<i>C.aerea</i> (Dillwyn)Kutzing	Nayband gulf	N2723722, E05239738	March 2011
S5	<i>C.aerea</i> (Dillwyn)Kutzing	Dayyer	N2749964, E05156178	October 2011
S6	<i>C.brachygona</i> Harvey	Halileh(Bushehr)	N2850309, E05052397	May 2011
S7	<i>C.crassa</i> (C.Agardh)Kutzing	Rostami	N2834676, E05140625	May 2011
S8	<i>C.crassa</i> (C.Agardh)Kutzing	Bandargah(Bushehr)	N2849347, E05054234	May 2011

All seaweed extracts showed antioxidant activity to various degrees (Table 2). Lower IC<sub>50</sub> value indicates higher antioxidant activity. As shown in Table 2, *C. linum* (S1) exhibited relatively high antioxidant activity with low IC<sub>50</sub> which was significantly different compared with those of *C. aerea* (S3-S5), *C. brachygona* and *C. crassa* (p <

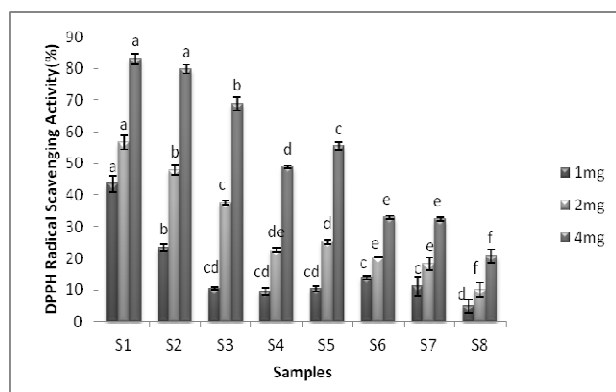
0.05). The IC<sub>50</sub> of ascorbic acid as a standard antioxidant was estimated as 0.037 ± 0.018 mg mL<sup>-1</sup> in this work and was significantly different in comparison to the seaweed extracts (p < 0.05). The scavenging effect of ascorbic acid ranged from 16.67±2.98 % at concentration of 5 µg mL<sup>-1</sup> to 90.34 ±0.35 % at concentration of 100 µg mL<sup>-1</sup>.

**Table 2** - IC<sub>50</sub>, TPC and FC of the seaweed extracts.

Sample number	Species	IC <sub>50</sub> (mg mL <sup>-1</sup> )	TPC(mgGAEg <sup>-1</sup> )	FC (mg RE g <sup>-1</sup> )
S1	<i>C. linum</i>	1.484 ± 0.168 <sup>a</sup>	2.895 ± 0.415 <sup>a</sup>	18.177 ± 2.238 <sup>a</sup>
S2	<i>C.aerea</i>	2.087 ± 0.071 <sup>ab</sup>	2.934 ± 0.188 <sup>a</sup>	11.923 ± 0.087 <sup>bc</sup>
S3	<i>C.aerea</i>	2.798 ± 0.082 <sup>bc</sup>	2.270 ± 0.325 <sup>ab</sup>	14.931 ± 0.126 <sup>b</sup>
S4	<i>C.aerea</i>	3.840 ± 0.288 <sup>c</sup>	1.583 ± 0.257 <sup>bc</sup>	11.944 ± 0.997 <sup>bc</sup>
S5	<i>C.aerea</i>	3.645 ± 0.071 <sup>c</sup>	1.530 ± 0.108 <sup>bc</sup>	10.805 ± 0.765 <sup>c</sup>
S6	<i>C.brachygona</i>	5.881 ± 0.107 <sup>d</sup>	2.479 ± 0.395 <sup>a</sup>	10.751 ± 0.219 <sup>c</sup>
S7	<i>C.crassa</i>	6.601 ± 0.493 <sup>d</sup>	1.060 ± 0.145 <sup>c</sup>	10.906 ± 1.180 <sup>c</sup>
S8	<i>C.crassa</i>	8.061 ± 0.790 <sup>e</sup>	0.850 ± 0.069 <sup>c</sup>	6.743 ± 0.111 <sup>d</sup>

Each value is expressed as the mean ±SE (n=3). Means with different letters are significantly different at P < 0.05.

According to Table 2, the  $IC_{50}$  of two samples of *C. aerea* (S2, S4) from one area in different collection times showed significant differences as well a significant variation was seen for the samples of *C. crassa* (S7, S8) from different areas but at the same time of collection. These results suggested that collection time as well as location could influence the antioxidant properties of algal samples. The scavenging effect of the tested extracts at 1, 2 and 4 mg mL<sup>-1</sup> on the DPPH radical is shown in Figure 1. The extract of *C. linum* was the most potent scavenger at all the concentrations (43.43, 56.62 and 82.99 %, respectively) and was significantly different ( $p < 0.05$ ) when compared to the other seaweed extracts, except *C. aerea* (S2) at 4 mg mL<sup>-1</sup>. The scavenging activity of the *C. aerea* (S2) extract at 4 mg mL<sup>-1</sup> was close to that of *C. linum*.



Each value is expressed as the mean  $\pm$  SE (n=3). Means with different letters (for each concentration level) are significantly different at  $P < 0.05$ .

**Figure 1** - DPPH radical scavenging activity of extracts at concentrations of 1, 2 and 4 mg mL<sup>-1</sup>.

The DPPH radical scavenging values of all the extracts were dose dependent in the range of the tested concentrations. Many studies have been done to determine the antioxidant capacity of *Chaetomorpha* species and some researchers have stated high scavenging activity for these species. For instance, Sudha (2012) examined the antioxidant activity of the methanolic extract of *C. linum* based on the DPPH free radical-scavenging activity and reported a low  $IC_{50}$  (equivalent of 9.8  $\mu$ g mL<sup>-1</sup> ascorbic acid) for this filamentous green algae. Heo et al. (2005) tested 35 marine algae, including 10 species of green algae for their antioxidant activity and reported the highest scavenging activity (81.36 %) for methanolic

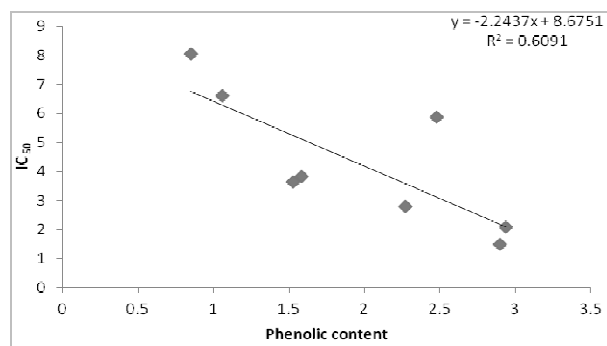
extract of *C. linum* at 2 mg mL<sup>-1</sup> among the all the tested green algae. Aguilera and Dummermut (2002) carried out a survey of enzymatic defences in Arctic marine macroalgae and found a higher content of ascorbic acid in green algae in comparison to red and brown algae. They reported that the species from the eulittoral and upper sublittoral zones, including *C. linum* and *C. melagonium* had higher antioxidant enzyme activities in comparison to the species from the lower sublittoral zones, because of more efficient biochemical protection in algae exposed to higher stress conditions in the field.

Total phenolic content (TPC) and flavonoid content (FC) of the algal extracts are also presented in Table 2. The content of phenolic compounds of the extracts expressed as mg GAE g<sup>-1</sup> varied from 2.895  $\pm$  0.415 (S1) and 2.934  $\pm$  0.188 (S2) to 0.85  $\pm$  0.069 (S8). The phenolic content in the *C. linum* (S1), *C. aerea* (S2) and *C. brachygonia* (S6) extracts were significantly different ( $p < 0.05$ ) compared with those of *C. aerea* (S4, S5) and *C. crassa* (S7, S8). In general, the higher total phenolic content resulted in higher antioxidant capacity, except for *C. brachygonia* extract. According to Table 2, the phenolic content of two samples of *C. aerea* (S2, S4), which were collected from the same location were significantly different and was higher in *C. aerea* (S2), which was collected in December. The same result was observed with two samples (S2, S5) from different locations and different times of collection. The total phenolic contents of two species, including *C. linum* and *C. aerea* (S5) from the same area and the same collection time were significantly different. Similar result for two *Halimeda* species (of the same area) was reported by Yoshie et al. (2002). They stated that this difference in polyphenolic contents might be due to seasonal and local variations.

As shown in Table 2, the flavonoid content of algal extracts expressed as mg RE g<sup>-1</sup> varied from 18.177  $\pm$  2.238 (*C. linum*) to 6.743  $\pm$  0.111 (*C. crassa* (S8)). The flavonoid content of *C. linum* was significantly different from the other species. The flavonoid contents of two samples of *C. crassa* (S7, S8) from two different locations were significantly different, despite the fact that species were collected on the same day; however, the contents of their flavonoids were different.

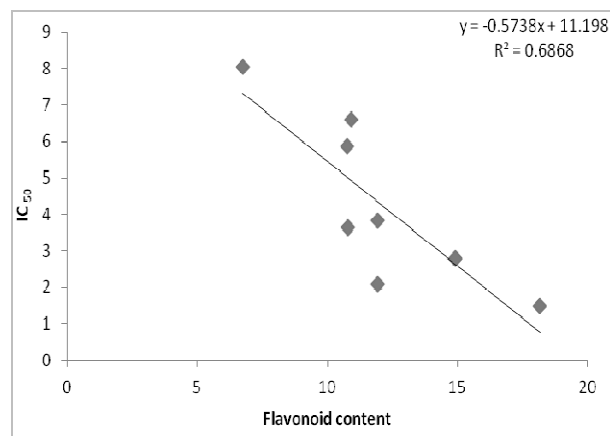
The correlation between the phenolic and flavonoid content and  $IC_{50}$  are shown in Figures 2 and 3. The results showed that there were

significant and negative correlations between the phenolic and flavonoid contents and  $IC_{50}$ . The negative correlations showed that the antioxidant activity of *Chaetomorpha* species were in accordance with their amount of phenolic and flavonoid contents. The higher contents of phenolics and flavonoids resulted in higher antioxidant activity (with lower  $IC_{50}$ ). The Pearson's correlation coefficients between the variables are presented in Table 3. As illustrated in the table, there were positive and significant correlations between the DPPH radical scavenging and contents of the phenolics and flavonoids, and significant negative correlations between  $IC_{50}$  and the variables ( $p < 0.01$ ). In addition, the results revealed a strong positive correlation between the flavonoids and total phenolics ( $r = 0.552$ ,  $p < 0.01$ ). Similar observations have been reported by Cho et al. (2010) and Chai and Wong (2012). The current research findings were in agreement with the results of Bouba et al. (2010), which reported a positive correlation between the total phenolics and flavonoids in the extracts of twenty Cameroonian spices. Flavonoids are polyphenolic compounds and the best-described property of almost every group of flavonoids is their capacity to act as antioxidants. Flavonoids are oxidized by the radicals, resulting in more stable, less-reactive radicals. In other words, flavonoids stabilize the reactive oxygen species by reacting with the reactive compound of the radical (Nijveldt et al. 2001). Several reports have shown a close relationship between the total phenolic content and high antioxidant activity, and many studies have demonstrated that phenolic compounds were one of the most effective antioxidant compounds in marine algae (Luo et al. 2010; Zakaria et al. 2011).



Correlation coefficient  $r = -0.673$ , coefficient of determination  $R^2 = 0.6091$ . Correlation is significant at the 0.01 level (2-tailed).

**Figure 2** - Linear correlation between phenolic content ( $\text{mg GAE g}^{-1}$ ) and  $IC_{50}$  ( $\mu\text{g mL}^{-1}$ ).



Correlation coefficient  $r = -0.722$ , coefficient of determination  $R^2 = 0.6868$ . Correlation is significant at the 0.01 level (2-tailed).

**Figure 3** - Linear correlation between Flavonoid content ( $\text{mg RE g}^{-1}$ ) and  $IC_{50}$  ( $\mu\text{g mL}^{-1}$ ).

**Table 3** - Pearson's correlation coefficients between the variables.

	Phenolic content	Flavonoid content	$IC_{50}$
Flavonoid content	0.552**		
$IC_{50}$	-0.673**	-0.722**	
DPPH radical scavenging activity	0.631**	0.740**	-0.625**

\*\* Correlation is significant at the 0.01 level (2-tailed).

Numerous studies have highlighted the antioxidant capacity of sulfated polysaccharides extracted from the seaweeds (Costa et al. 2010; Qi et al. 2010). The biological properties of sulfated arabinogalactans extracted from the green algae such *Chaetomorpha* have been investigated. For instance, Pierre et al. (2011) extracted and characterized an extracellular polysaccharide (a sulfated xyloarabinogalactan) from *C. aerea* with antibacterial activity against *Staphylococcus aureus*.

Previous studies have found marked changes in the chemical constituents with change of seasons and environmental conditions (Manivannan et al. 2009). The production of ROS especially occurs under the conditions during exposure to excessive light, or UV radiation as well as during desiccation, under nutrient deficiency, exposure to heavy metals, high, or low temperatures and temperature changes (Dummermuth et al. 2003). It has been observed that the production of ROS in marine algae is stimulated by various environmental stresses such as high light levels, heavy metals, high salt concentrations, UV

radiation, etc. Algae generally have higher antioxidant activity due to higher contents of nonenzymatic antioxidant components such as ascorbic acid, reduced glutathione, phenols and flavonoids (Wu et al. 2010).

In the current study, the seaweeds were collected from different locations and different times. This variation in the phenolic and flavonoid contents could be due to the variation in physico-chemical parameters such as salinity amongst the selected stations. Besides, the seaweeds collected from the upper and middle intertidal zones were exposed to UV radiation for several hours a day. Prolonged seaweed exposure to solar UV radiation may result in producing the bioactive compounds such as phenolics and flavonoids and may be an explanation of possessing antioxidant activity.

## CONCLUSION

The results clearly indicated that all the tested seaweeds possessed antioxidant activity. *C. linum* exhibited higher antioxidant activity in comparison to other seaweeds. The results also revealed that total phenolics and flavonoid content (as the main contributors of antioxidant activity in these *Chaetomorpha* species) and IC<sub>50</sub> were influenced by the time of collection and location. However, to the best of our knowledge, this was the first report of investigation on the antioxidant properties of filamentous green algae in south of Iran. Since *Chaetomorpha* species are common algae species that inhabit the intertidal zone and easily collected, they can be used as natural antioxidant resources. Therefore, these species can be cultivated, or grown wild as food to be used for human beings, farm animals, or in the food supplement after being ensuring their safe nature.

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